



**DEPARTMENT OF THE ARMY  
HEADQUARTERS, UNITED STATES ARMY RESERVE COMMAND  
4710 KNOX STREET  
FORT BRAGG, NORTH CAROLINA 28310-5010**

AFRC-PR (135-200a)

30 April 2025

**MEMORANDUM FOR SEE DISTRIBUTION**

**SUBJECT: Commanding General Policy #25-06: Active Duty for Operational Support – Reserve Component for U.S. Army Reserve General Officers**

**1. References.**

a. Army Regulation (AR) 135-200 (Active Duty for Missions, Projects, and Training for Reserve Component Soldiers)

b. AR 135-156 (Reserve Component General Officer Personnel Management)

c. AR 40-501 (Standards of Medical Fitness)

d. AR 40-502 (Medical Readiness)

e. AR 140-1 (Mission, Organization, and Training)

**2. Purpose.** To provide Active Duty for Operational Support – Reserve Component (ADOS-RC) (1G funded) standards, requirements, and procedures for U.S. Army Reserve (USAR) General Officers (GOs) who are not part of the authorized 10 percent of the assigned GO strength, to serve on active-duty orders for periods between 180-365 days, as outlined in 10 USC 526 (c)(2) and designated by the Chief of the Army Reserve (CAR)/Commanding General (CG).

**3. GOs are authorized up to 179 days of ADOS-RC duty in a fiscal year (FY). An approved Tour of Duty (TOD) packet is required for any ADOS-RC orders with duty longer than seven days. GOs may be on orders for up to 29 days; orders over 29 days require CG approval.**

a. Units will submit all GO ADOS-RC packets to the USARC ADOS-RC Program Manager using the TOD platform. Requests must include a Utilization Plan outlining the duties to be performed, the location, and the number of days needed to accomplish the mission. ADOS-RC packets should include all non-consecutive forecasted duty.

b. The USARC ADOS-RC Program Manager will review the TOD packets for administrative compliance. The USARC G-3/5/7 will then review packets for mission validation. The USAR General Officer Management Office (GOMO) will verify the GO's Active Federal Service. The USARC Deputy Commanding General will review the detailed Utilization Plan and determine the number of days and funding authorized for the FY.

c. Once the ADOS packet is approved by the Deputy Commanding General (DCG), resource managers at the unit level may enter ADOS-RC orders in the Regional Level Application

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Software (RLAS) system. GOs are authorized up to a 29-day consecutive order. Requests for orders longer than 29 days must be submitted through the DCG for CG approval. Requests for additional days over what the DCG initially grants should also be submitted to the DCG for approval.

d. If there is a requirement to exceed 179 days of consecutive or non-consecutive ADOS in an FY, the GO must submit an exception request through the DCG and the CG for concurrence. If approved, the request will be routed through USAR GOMO for staffing before submission to the Secretary of the Army, who retains authority to approve requests exceeding 179 days.

e. According to the Joint Travel Regulations (JTR), back-to-back orders at the same location are considered one mission. However, a short break in service before performing an additional mission at the same location will not violate the JTR. Regardless of duty type (MUTA, AT, ADT, ADOS-AC, or ADOS-RC), cumulative duty cannot exceed 29 consecutive days without prior approval. An authorized example: a member serves a 4-day MUTA, followed by a 15-day ADOS-RC order (at the MSC HQ), a one-day break in service, and then a 25-day AT order.

f. GOs are not subject to the restrictions set forth by the “1825 rule” and Active Federal Service requirements.

4. For additional information, contact Mrs. Martha Arnold, USARC ADOS-RC Program Manager at (910) 570-8862 or martha.d.arnold4.civ@army.mil.

Encl



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Lieutenant General, U.S. Army  
Commanding

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